

Comprehensive Integrative Medicine Course

Help your patients
with improved
nutritional focus



Dr. Ashley Berry

MBBS, Grad Dip (Nutrition)



Date: 7th and 8th Dec 2024



Venue: Radisson
Bengaluru City Center



Contact: 97511 46340





Know your instructor

Dr. Ashley Berry

MBBS, Grad Dip (Nutrition)

20+ Years
of integrative GP

20+ Years
of teaching experience



World renowned
speaker & educator

Dr Ashley Berry, a graduate from the university of NSW specializes in nutritional / complementary medicine.

He believes that most chronic illnesses can be improved through a nutritional focus: CFS, fibromyalgia, cancer prevention and treatment, diabetes, heart disease, insulin resistance, IBS and hormonal problems.

He has been teaching nutritional courses since 2011 and continues to do so

His major interests are



Digestive disturbances



Detoxification



Chronic fatigue/
fibromyalgia



Degenerative
neurological disease



Cancer support



Other aspects of
integrative medicine

What you'll learn?

A two day value-packed course with immersive learning experience. Through this course, one will majorly learn nutrition's role in health maintenance, in disease-prevention and in supporting the body's metabolism to fight disease along with topics covered on integrative medicine and certain specific diseases.

01

Comprehensive understanding of the role of nutrition in integrative medicine.

02

Practical skills for assessing and analyzing nutritional status.

03

Explore the connections between diet, dental health, and chronic diseases.

04

Introduction to advanced topics in integrative medicine.

05

In-depth learning in areas like detoxification, cancer, and dementia.

Day 1 – 7th Dec, Saturday

09:00 – 09:20	Why nutrition	Dr Ashley Berry
09:20 – 10:20	Introduction to nutritional assessment and Mels mantra	Dr Ashley Berry
10:20 – 10:40	Tea break	-
10:40 – 11:40	Dietary analysis, nutrient basics & hair analysis	Dr Ashley Berry
11:40 – 12:00	Pathways to be familiar with	Dr Ashley Berry
12:00 – 12:45	Biological dentistry	Dr Samir Nayyar
12:45 – 01:30	Mindfulness and Well Being	Prof Dr Ushy Mohan Das
01:30 – 02:00	Lunch	-
02:00 – 03:00	Dietary prescriptions and introduction to several diets	Dr Ashley Berry
03:00 – 04:00	My experiments with integrative medicine – revelations and case studies Part 1	Dr Mitra Basu Chillar
04:00 – 04:20	Tea break	-
04:20 – 05:00	Mitochondrial dysfunction	Dr Ashley Berry

Day 2 – 8th Dec, Sunday

08:30 – 09:45	Lab investigations	Dr Ashley Berry
09:45 – 10:00	Tea break	-
10:00 – 10:45	Nutritional examination	Dr Ashley Berry
10:45 – 11:45	Demo	Dr Ashley Berry
11:45 – 12:30	My experiments with integrative medicine – revelations and case studies Part 2	Dr Mitra Basu Chillar
12:30 – 01:00	Lunch	-
01:00 – 02:20	Complex case history	Dr Ashley Berry
02:20 – 03:20	Q & A	Dr Ashley Berry
03:20 – 03:45	Tea break	-
03:45 – 04:30	Introduction to advanced module – detox, cancer, dementia	Dr Ashley Berry

Course highlights



2 Day Course



Immersive Learning



Expert Interaction



Dr Mitra Basu Chillar

M.B.B.S, M.D (Medicine), M.B.A (Healthcare)

An avid researcher, he remained as a medical scientist in the prestigious DRDO and is now medical director at SOMA. He has more than 30 years of experience in regenerative, preventive, and curative medicine, more than 60 publications, 8 books, and has been many times awarded for innovative work. He is a faculty member at the National Disaster Management Authority and has multiple patents in his name.

Professor Dr Ushy Mohan Das

CEO, Founder of The Mind Workshop

One of the most sought after, trainer of trainers, she is a globally esteemed Leadership Coach and a relentless Mental Health Advocate. A professional speaker on various national and global platforms transforming audiences across the world, including the government and corporates, Dr Ushy has also been a Tedx Speaker many times.



Dr Samir Nayyar

BDS

India's 1st Biofunctional Dentist specializes in Dr Pinhole Implantology, TMJ Disorders, and Medical Ozone Therapy with over 17 years of experience.

Who we are?



Prism Academy's journey began with the realization that healthcare needed a revolutionary shift a move towards a more holistic, all-encompassing approach. We are integrating the best practices from various medical approaches to foster deeper understanding of integrative medicine for personalized and effective patient care. We are dedicated in reshaping the landscape of healthcare and empowering healthcare professionals and the patients they serve

What we do?



We are dedicated to empowering you not only to elevate your practice but also to make a positive impact on your community

10+ Years of dedicated service

20+ Courses offered

1,000+ Professionals reached

Pricing

Course Fees – ~~Rs. 20,000~~

EARLY BIRD OFFER

Rs. 15,000

Until November 14



Contact us: 97511 46340

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